

[A Full Moon Rising...and the Tao of Menopause] (By: Ma Kimberly Quinn Smith) [published: June, 2007]

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In "A Full Moon Rising ...and the Tao of Menopause", Kimberly Quinn Smith very humorously tells the tale of entering into the new stage of mid-life, while associating hormonal moments with the lunar schedule and her symbolic metamorphosis into a menopausal werewolf. Throughout her journey she flashes back to her colorful 70's childhood, where she grew up in the eclectic town of New Paltz, New York, a small town just an hour outside of Manhattan. She then brings us back through her early motherhood years and lands us where she resides currently, with a house full of teenagers. Throughout her tale, she makes intermittent, contemplative reflections on her halfway-ness and explores strategies of how to learn to embrace the Principles of the Tao of Menopause.

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